



TARAKA INTERNATIONAL

"Exporting Nature, Wellness & Sustainability"



TARAKA
INTERNATIONAL

Who We Are

Taraka International is a global export company built on the values of trust, clarity, and long-term commitment.

Inspired by the Sanskrit word Taraka—meaning star—our name reflects our purpose: to guide global buyers toward high-quality Indian products with consistency and care.

Behind Taraka is a team driven by clear thinking, strong execution, and a deep respect for global standards. The vision was simple: build something meaningful, reliable, and lasting—where every partnership is valued and every shipment reflects excellence.

We work closely with importers, wholesalers, and FMCG buyers in markets across the world, providing dependable export solutions that are rooted in transparency and quality.

At Taraka, our goal isn't just to export products—it's to build trust, deliver value, and grow through relationships that last.

Let Taraka be the star that guides you to India's finest.



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EFFERVESCENT VITAMIN C TABLETS

The Glow Is Real — Infused with Effortless Elegance and Inner Clarity.

DESCRIPTION

Effervescent Vitamin C tablets deliver a quick, tasty boost for immunity, skin health, and antioxidant support. Just dissolve one in water for a refreshing citrus drink—perfect for daily use or travel. Shelf-stable and pill-free, they're trusted in markets like the UAE, Saudi Arabia, Kuwait, Qatar, Oman, Bahrain, Vietnam, Philippines, and Malaysia.

BENEFITS

- ✓ Immune Support
- ✓ Better Absorption
- ✓ Hydration Plus Nutrients
- ✓ Gentle on the Stomach



VARIANTS

1000 mg Orange / 500 mg Lemon / 1000 mg Mixed Citrus / 750 mg Orange / 1000 mg Lime / 250 mg Orange for kids.





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Multivitamins

EFFERVESCENT MULTIVITAMINS TABLETS

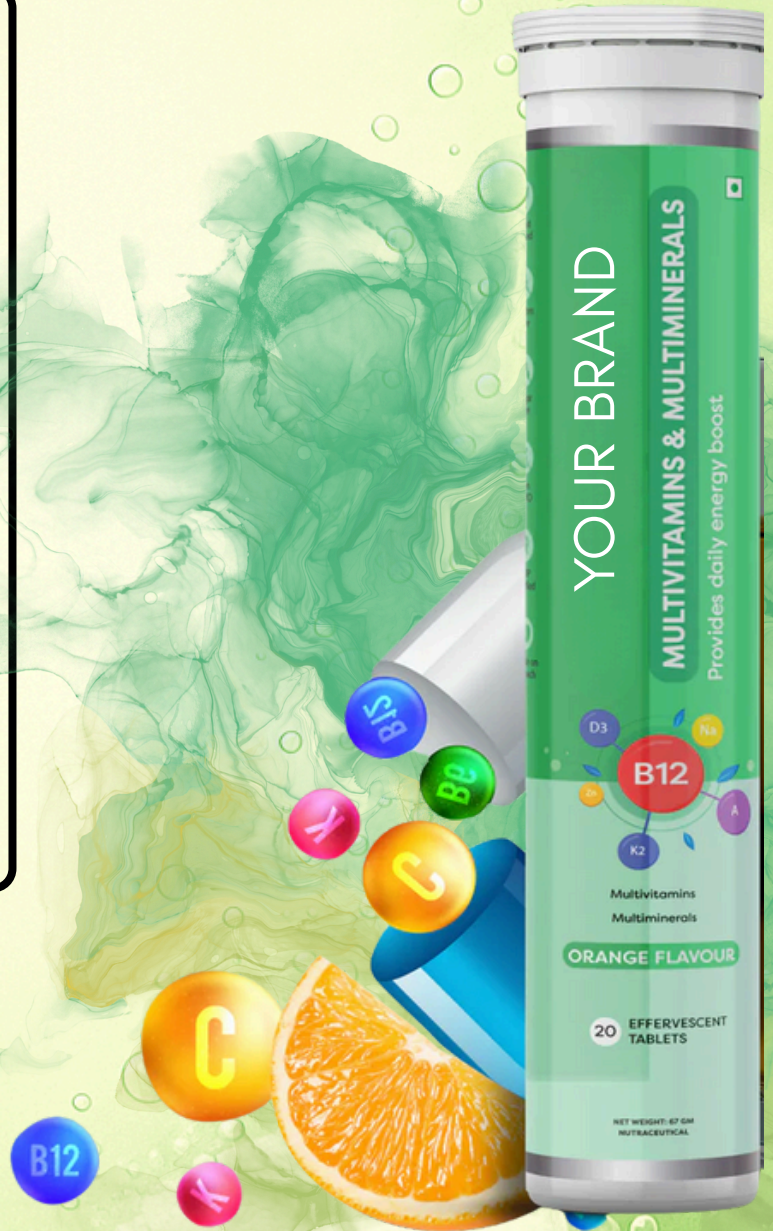
Complete Daily Nutrition for Energy, Immunity & Everyday Wellness.

DESCRIPTION

Multivitamins Daily Essentials Tablets are vegan and clean-label supplements designed to meet your body's everyday nutritional needs. Formulated with a powerful blend of B-complex, E, D3, Zinc, and Iron, these tablets help boost energy, improve immunity, and support overall well-being. Trusted and loved in the USA, UK, Middle East, and Africa, they offer daily support for a healthy, active life.

BENEFITS

- ✓ Boosts energy levels
- ✓ Supports immunity
- ✓ Helps stay focused
- ✓ Easy to digest



VARIANTS

B-Complex + D3 + Zinc / Iron + Folic Acid + B12 / C + E + Zinc / D3 + Calcium + Magnesium / Multivitamins + Minerals



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EFFERVESCENT INSTANT ENERGY TABLETS

Fast Energy. Sharp Mind. Go Further, Anytime.

DESCRIPTION

Effervescent Instant Energy Tablets give you a clean, powerful energy lift—anytime, anywhere. Formulated with fast-acting Caffeine, Taurine, and Vitamin B12, they help sharpen focus and boost physical performance. Just drop in water, fizz, and fuel your day with rapid energy you can feel.

BENEFITS

- ✓ Boosts energy instantly
- ✓ Enhances focus
- ✓ Rehydrates fast
- ✓ Reduces fatigue



VARIANTS

*Taurine+B12 (Original Boost) / Ginseng+B12 (Natural Uplift) /
L-Theanine+B6 (Calm Focus) / Electrolytes+Guarana (Hydration Energy)
/ Rhodiola+Green Tea Extract (Plant-Based Power)*





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Relax

EFFERVESCENT RELAX TABLETS

Calm Your Mind. Sleep Deeper. Wake Refreshed.

DESCRIPTION

Relax Tabs are your daily support for stress relief and better sleep. Each tablet combines Ashwagandha, Magnesium, L-Theanine, and Vitamin B6 to calm the mind, ease anxiety, and promote restful sleep. Just one tab helps you unwind naturally—no grogginess.

BENEFITS

- ✓ Calms the mind
- ✓ Reduces stress
- ✓ Supports better sleep
- ✓ Relaxes the body



VARIANTS

*Taurine+B12 (Original Boost) / Ginseng+B12 (Natural Uplift) /
L-Theanine+B6 (Calm Focus) / Electrolytes+Guarana (Hydration Energy) /
Rhodiola+Green Tea Extract (Plant-Based Power)*



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APPLE CIDER VINEGAR TABLETS

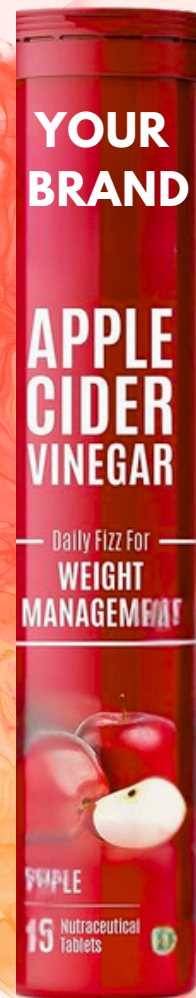
Drop, Fizz, Thrive – Wellness Starts with ACV Tabs

DESCRIPTION

Effervescent Apple Cider Vinegar (ACV) Tabs are a modern, convenient twist on traditional ACV – no harsh taste, just clean wellness in every sip. Formulated with ACV extract, Chromium, and Vitamin B12, these tabs support metabolism, gut health, and natural detox. Just drop one in water to create a refreshing, tangy drink that energizes your day and simplifies your wellness routine – at home, work, or on-the-go.

BENEFITS

- ✓ Helps balance blood sugar
- ✓ Supports detox
- ✓ Aids digestion
- ✓ Boosts metabolism



VARIANTS

*ACV + Garcinia/Green Tea/
Electrolytes/Probiotics/Collagen/Ashwagandha/Moringa blends.*





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Women's Health

EFFERVESCENT WOMEN'S HEALTH TABLETS

Balance Within – Support for Every Woman's Cycle.

DESCRIPTION

PCOS Support Tabs are a powerful blend of science and Ayurveda designed to help balance hormones, support cycle regularity, and improve overall reproductive wellness. With Inositol, Shatavari, Vitamin D, Zinc, and Folic Acid, these daily tabs nourish hormonal health from the inside out – easy, effective, and made for women.

BENEFITS

- ✓ Supports hormonal balance
- ✓ Helps regulate menstrual cycles
- ✓ Reduces stress-related hormonal disruption
- ✓ Supports fertility and reproductive health



VARIANTS

Inositol + Chromium / Myo-D-Chiro / Folic Acid / Shatavari / Maca / Zinc / Ashwagandha / Magnesium / Vitex / Vitamin D3 blends.



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EFFERVESCENT DIABETIC TABLETS

Balance Blood Sugar, Naturally and Powerfully.

DESCRIPTION

Sugar Control Tabs are formulated to support healthy blood sugar levels with a blend of proven herbal and metabolic ingredients. With Gymnema, Karela, Chromium, and Zinc, these daily tabs help reduce sugar cravings, improve glucose metabolism, and maintain energy levels – a clean, easy solution for diabetic wellness.

BENEFITS

- ✓ *Helps regulate blood sugar levels*
- ✓ *Supports glucose metabolism*
- ✓ *Reduces sugar cravings*
- ✓ *Improves insulin sensitivity*

VARIANTS

Gymnema/Karela/Berberine/Cinnamon/Fenugreek/Bitter Melon/Inositol/Curcumin blends.





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Weight

EFFERVESCENT WEIGHT MANAGEMENT TABLETS

Boost Metabolism. Burn Fat. Stay Light, Lean & Active.

DESCRIPTION

Slim Tabs are crafted to boost metabolism, support fat burn, and promote healthy weight management – naturally. Powered by Garcinia, Green Tea, and Apple Cider Vinegar (ACV), these tabs combine fitness-focused actives with Ayurvedic ingredients. Just drop in water for a refreshing, fast-acting wellness drink.

BENEFITS

- ✓ Boosts metabolism
- ✓ Supports fat burn
- ✓ Reduces cravings
- ✓ Enhances energy



VARIANTS

Blends include Garcinia / Green Tea / ACV / L-Carnitine / CLA / Chromium / Matcha / Cayenne – each chosen to support fat burn, metabolism,



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EFFERVESCENT ANTI-HANGOVER TABLETS

Detox Fast. Hydrate Deep. Wake Up Hangover-Free

DESCRIPTION

Party Detox Tabs are crafted to help your body recover faster after a night out. With Dandelion, Milk Thistle, Vitamin B1, and Electrolytes, these tabs support liver detox, reduce nausea, and replenish lost hydration. Just drop in water for fast, refreshing relief – feel better, faster.

BENEFITS

- ✓ Supports liver detox
- ✓ Helps relieve nausea and fatigue
- ✓ Rehydrates with essential electrolytes
- ✓ Speeds up recovery after drinking



VARIANTS

Dandelion / Milk Thistle / NAC / Ginger / Charcoal / Prickly Pear / B-Vitamins / Coconut Water blends.





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